

TANYA

Likutei Amarim

Perakim 11–20

Questions on Tanya to Go Along with the Videos

Booklet 2

Name: _____

Class: _____

Each section goes with one video. Watch it, then answer the questions.

★ marks a harder question. MAISEH = the story. HORA'AH = the lesson to do.

Perek 11

The rasha, and the light that never leaves

Name: _____

Date: _____

1. The video quotes Shlomo HaMelech: "Zeh l'umas zeh." What does it mean, and how does it explain the rasha?

2. In a rasha, the good in his mind and heart bows down to the _____ on the _____ side of the heart.

3. In the lowest level of rasha, the evil puts on just ONE of the soul's three garments. Write an example the video gives for each garment.

Action:

Speech:

Thought:

4. ★ Chazal say thinking about an aveirah is even harder than doing it. When else, says the video, is a person called a rasha "at that moment"?

5. After he sins, what happens inside this person? And what does Hashem do?

6. Hashem calls out "Shuvu banim!" (Yirmiyahu 3:14). What does it mean?

- ☐ A. Rest, My children!
- ☐ B. Come back, My children!
- ☐ C. Sing, My children!
- ☐ D. Listen, My children!

7. ★ In the next level the bad side is stronger, but every so often he still feels regret. Where does that regret come from?

8. ★ In a "rasha v'ra lo", who never feels sorry, the good has left his inside. Where is it now? What proof does the video bring that no Yid's neshomeh is ever lost?

9. MAISEH A freethinker asked the Tzemach Tzedek why "Yehudim" is sometimes written in the Megillah with TWO yuds. What did he answer?

10. HORA'AH This week's hora'ah is about guarding your words. What are the two things not to do, and what is the tip? Write one thing YOU could say to change the subject.

Perek 12, Part 1

The beinoni: the mind rules the heart

Name: _____

Date: _____

1. The Tanya's other name is "Sefer shel _____", the book of the beinonim.
2. Who is a beinoni? Which garments of the Nefesh HaBahamis never get into his body?

3. ★ If the beinoni never does an aveirah, why isn't he a tzaddik?

4. The Rebbe explains that even someone who stumbled before can become a beinoni. How?

5. When does the Nefesh Elohis rule over EVERYTHING in the beinoni, even the heart?

- ☐ A. When he eats a good meal
- ☐ B. When he davens: Krias Shema and Shemoneh Esrei
- ☐ C. When he is asleep
- ☐ D. Only on Yom Kippur

6. What happens in his heart while he davens? What happens to the evil on the left side?

7. ★ Davening is over, and the Nefesh HaBahamis wakes up: "I want THAT!" What does the beinoni do? Use the words "moach shalit al halev."

8. MAISEH In 1812, how did "the mind rules the heart" save the life of Reb Moshe Meisels?

9. HORA'AH The hora'ah from the Tanya: what should you do when you want to eat? What does it bring you?

10. Think of a time in your day when your heart wants something your mind knows isn't right. What will your mind tell it?

Perek 12, Part 2

Light beats darkness, and paying back with kindness

Name: _____

Date: _____

1. Shlomo HaMelech says wisdom beats foolishness the way light beats darkness (Koheles 2:13). Explain the candle in the dark room.

2. Chazal say: a person only sins when a " _____ ", a spirit of foolishness, enters him (Sotah 3a).

3. ★ Why does the Nefesh Elohis in the mind win over the kelipah?

4. A not-good thought pops up from the heart into the mind, all by itself. What does the beinoni do the moment he notices it?

5. Why does even a beinoni feel the pull of these thoughts?

- ☐ A. Because he is really a rasha
- ☐ B. Because the Nefesh HaBahamis is still in his heart, which is why he isn't a tzaddik
- ☐ C. Because he forgot to daven
- ☐ D. Because thoughts don't matter

6. Someone bumps you or teases you. What comes up from the heart? What does the beinoni's mind make him do instead?

7. ★ Who does the Tanya tell us to learn from, and what did he do?

8. ★ MAISEH After he was freed on Yud-Tes Kislev, 1798, what did the Alter Rebbe write to the chassidim about the people who spread lies about him?

9. HORA'AH This week's hora'ah: if someone bothers you, what do you do? Write one favor you could do for him.

10. In perek yud-daled the Alter Rebbe says: EVERY person can be a beinoni, at any _____ and at any hour.

Perek 13, Part 1

Zeh v'zeh shoftan: the courtroom

Name: _____

Date: _____

1. ★ The Gemara says "Beinonim: zeh v'zeh shoftan." What does it mean? Why doesn't it say that both sides RULE him?

2. In the video's courtroom, who is who?

Judge 1:

Judge 2:

Who decides:

3. Chazal say the yetzer hara gets stronger every day. What would happen without Hashem's help? How does He help?

4. "He stands at the _____ hand of the poor man, to save him from the judges of his soul."

5. ★ Inside a beinoni, how strong is the bad?

- ☐ A. It is completely gone
- ☐ B. It is half as strong
- ☐ C. It is at full strength, just like the day he was born; it just can't get out
- ☐ D. It gets weaker every year

6. ★ The oath says: "Be in your own eyes LIKE a rasha." How does this perek explain the word "like"?

7. Rabbah's mouth never stopped learning. Why did he still say "I am a beinoni"?

8. MAISEH What did young Reb Hillel Paritcher and his friend think they were? What happened when the Tanya came into their hands?

9. HORA'AH "If the yetzer hara bothers you, drag him into the beis midrash!" What happens if he's stone? If he's iron? What will YOU do this week?

10. The video says the bad side may argue, but it never gets to decide. Why is that good news for you?

Perek 13, Part 2

The battle every day, and why Hashem loves it

Name: _____

Date: _____

1. The posuk about Yaakov and Eisav says: "One nation shall be _____ than the other." When one goes up, the other goes down.
2. When does the beinoni's Nefesh Elohis get the upper hand? What happens to the bad then?

3. During davening, the bad in a beinoni is compared to:

- ☐ A. A man who is sleeping
- ☐ B. A guest who left for good
- ☐ C. A lion in a cage
- ☐ D. A broken clock

4. Only a _____ can say: "My heart is empty within me."

5. ★ "True lips last forever; a lying tongue only for a moment." If the beinoni's love goes away after davening, is it true? Explain.

6. ★ Truth is Yaakov's middah. Why does the Zohar call him the "middle bar" of the Mishkan?

7. ★ What are the two kinds of delicacies Hashem loves? Which one is the beinoni's?

8. MAISEH How did Reb Yekusiel Liepler get in to see the Alter Rebbe, and what did he ask for? Why weren't the chassidim impressed?

9. HORA'AH What does the Rebbe ask us to say before davening? What does it mean? Which friend will you think of?

10. The video says the daily battle "isn't a sign that something's wrong." So what does it mean when you have to fight your yetzer hara again tomorrow?

Perek 14, Part 1

Anyone can be a beinoni, any time

Name: _____

Date: _____

1. Every single person can be a beinoni, at any _____, at any _____!

2. ★ Why doesn't a beinoni have to HATE the bad in his heart?

3. "Sur mera va'asei tov" (Tehillim 34:15). What does it mean? In which three areas does a beinoni do it?

4. ★ Why can every person control his thought, speech and action, even when his heart wants the opposite?

5. What does the beinoni tell himself when his heart wants something forbidden? Which posuk shows why sins are so bad?

6. We are called "ohavei shemecha" (Tehillim 5:12). What does it mean?

- ☐ A. Those who learn Your Torah
- ☐ B. Those who love Your Name
- ☐ C. Those who fear Your Name
- ☐ D. Those who sing to You

7. Where does a regular kid get the strength to say "no" to the yetzer hara?

8. ★ Even the simplest Yid would give up his life rather than be torn away from Hashem. So what does the beinoni say to himself?

9. MAISEH Why did Reb Shmuel Munkes throw the roasted lung into the garbage? How did he know?

10. HORA'AH This week's hora'ah: when something not good pulls at you, what words do you say? Then what do you do?

Perek 14, Part 2

Reaching higher: the tzaddik's gift

Name: _____

Date: _____

1. What does it take to be a tzaddik who truly HATES evil in his heart?

2. Being a tzaddik is a gift from Hashem, called "avodas _____" (Bamidbar 18:7).

3. ★ The oath says "Be a tzaddik, and don't be a rasha." Why does it say both?

4. The Alter Rebbe says not to stop at being a beinoni. What should you still set aside time to think about?

5. What if these thoughts don't feel real to you yet?

6. A secret: habit becomes second _____!

7. ★ What is iskafya?
- ☐ A. Avoiding only what's forbidden
 - ☐ B. Saying "no" even to something PERMITTED that you really want
 - ☐ C. Eating only on Shabbos
 - ☐ D. Learning all night
8. ★ When you push from below, what does Hashem send from Above? What might happen?

9. MAISEH Why did the Rebbe Rashab cry as a little boy, and what did the Tzemach Tzedek answer?

10. HORA'AH This week's hora'ah is a little iskafya. What did the early chassidim resolve? What permitted thing will YOU skip once this week, for Hashem?

Perek 15

Oved Elokim: the 101st time

Name: _____

Date: _____

1. Malachi says: "between one who serves Hashem, and one who did not serve Him." What did Bar Hei Hei ask Hillel, and what did Hillel answer?

2. ★ Why is the beinoni called "oved", while the tzaddik is called "eved Hashem"?

3. ★ The beinoni called "lo avodo" never sins and learns all the time. Why isn't he "serving"?

4. In the Gemara's days, everyone reviewed a lesson _____ times. That was habit.

5. Explain the Gemara's mashal of the donkey drivers.

6. Why is the 101st review worth so much?

- ☐ A. Because 101 is a lucky number
☐ B. Because it goes past his lifelong habit, so it is real avodah
☐ C. Because it is the last time
☐ D. Because the teacher checks it

7. ★ How can a person break a habit, according to the Tanya?

8. The video says: if getting up to daven or sitting still to learn is hard for you, that's not a problem. Why not?

9. MAISEH A student asked the Rebbe: "Can the Rebbe do miracles?" What did the Rebbe answer?

10. HORA'AH The Rebbe taught: "A person must challenge himself." What is your "101st" this week? Name the posuk or Mishnah you will review one extra time.

Perek 16

Hidden love gives your mitzvos wings

Name: _____

Date: _____

1. A "klal gadol" for every beinoni: moach _____ al halev, the mind rules the heart.

2. Thinking about the greatness of the Ein Sof brings two things. What does each one make you want to do?

Yirah:

Ahavah:

3. You think and think about Hashem, and your heart doesn't burn like fire. What does the Alter Rebbe say?

4. ★ How does a person with hidden love decide to hold on to Hashem?

5. The Zohar says: "Torah without love and fear..."

- ☐ A. ...is still complete
- ☐ B. ...can't fly up
- ☐ C. ...is only for children
- ☐ D. ...is better than nothing

6. What happens when your quiet understanding goes into the Torah you learn and the mitzvos you do?

7. ★ "Machshavah tovah, Hakadosh Baruch Hu metzarfah l'maaseh" (Kiddushin 40a). What does it mean? Why must Hashem Himself join them?

8. ★ What got you off the couch to open the sefer? Why does the video call it the "real engine"?

9. MAISEH A man told the Rebbe he felt like a hypocrite for going to shul only on Yom Kippur. What did the Rebbe answer?

10. HORA'AH From Tanya ch. 41: what do you think for one moment before you start learning? When will you do it this week?

Perek 17

Ki karov eilecha: it's very close to you

Name: _____

Date: _____

1. "Ki karov eilecha hadavar me'od, b'ficha u'vilvavcha _____" (Devarim 30:14).

2. ★ What is the Alter Rebbe's question on the words "in your heart"?

3. ★ What kind of love IS very close to everyone? Explain the word "la'asoso".

4. Why is this love "very close and easy for anyone with a brain in his head"?

5. The mind is the boss. What does it tell each one to do, in the video?

Mouth:

Hands:

Feet:

6. "Hayom la'asosam" teaches that today is for doing. Tomorrow is for...

- ☐ A. ...resting
- ☐ B. ...the reward
- ☐ C. ...learning
- ☐ D. ...davening

7. ★ Who is the exception, for whom the posuk isn't speaking? What must he do first?

8. How do you break an iron wall? What happens to the spark of Hashem inside a Yid through teshuvah?

9. MAISEH A chossid barely knew what the words of davening meant, yet davened for hours for 40 years. On what vort? What did each word mean to him?

10. HORA'AH What should you do before davening? How long did the Rebbe Maharash say is enough?

Perek 18

Me'od: a hidden treasure in every Yid

Name: _____

Date: _____

1. Which word in the posuk does this perek explain? For which Yid is the Torah VERY close?

2. The hidden love in the heart of every Yid is called the ahavah _____.

3. Where does this hidden love come from?

4. ★ Chazal say the Avos were Hashem's "merkavah", His chariot. What does that mean?

5. What do the letters of the word "chochmah" spell?

- ☐ A. "Koach mah": the power of "what?"
☐ B. "Chach mah": a sharp mind
☐ C. "Chai mah": what is alive
☐ D. "Koach Hashem"

6. ★ Why can chochmah "hold" Hashem, when no mind can understand Him?

7. "Hashem b'_____ yasad aretz": Hashem founded the earth with wisdom (Mishlei 3:19).

8. ★ Why did even simple Yidden, even ones who weren't careful with mitzvos, give up their lives rather than deny that Hashem is One?

9. MAISEH Only 12 of 3,000 soldiers kept Shabbos, and Shmuel Blizinsky wrote to the Rebbe about the "religious soldiers." What did the Rebbe answer?

10. HORA'AH From Tanya ch. 25: at which words of Shema will you think, "Hashem, I'm Yours, completely!"? How often?

Perek 19

Ner Hashem: your neshomeh is a candle

Name: _____

Date: _____

1. "Ner Hashem nishmas _____" (Mishlei 20:27): a person's neshomeh is Hashem's candle.

2. What does a candle flame always do? Why is it surprising?

3. How is your neshomeh like that flame?

4. ★ The video says this longing is "nature". What does that mean? Where does it come from?

5. What makes anything holy?

- ☐ A. Being big and strong
- ☐ B. Bittul: feeling "I am nothing before Hashem"
- ☐ C. Being old
- ☐ D. Being expensive

6. ★ What does the kelipah shout? Why is it called "dead"?

7. If every neshomeh wants Hashem so much, how can a Yid ever do an aveirah?

8. ★ What happens in a test of emunah? What does "fear inside love" mean?

9. MAISEH The Rebbe Rashab said: "A chossid is a lamplighter." What does a lamplighter do? What if the lamp is in a desert, or in the sea?

10. HORA'AH The yetzer hara says "It's small, just this once!" What will you think?

Perek 20

Ein od milvado: Hashem is everything

Name: _____

Date: _____

1. The first two of the Aseres HaDibros hold the whole Torah. Which mitzvos does each one hold?

Anochi: _____

Lo yihyeh lecha: _____

2. How did we hear these two dibros at Har Sinai, compared to the rest?

3. "Atah hu ad shelo nivra ha'olam, Atah hu _____ ha'olam": the same before, and after!

4. ★ "Ani Hashem lo shanisi" (Malachi 3:6). What question does this bring up?

5. ★ Explain the mashal of one word, like "Hi!" How big is it compared to you?

6. Next to Hashem, the whole world is like...

- ☐ A. ...a giant mountain
- ☐ B. ...one tiny word
- ☐ C. ...a big ocean
- ☐ D. ...half of everything

7. "Ein od milvado" (Devarim 4:35). What does it mean, and where is Hashem's word right now?

8. ★ Why is every aveirah included in "Lo yihyeh lecha"? And what does every mitzvah say?

9. MAISEH What did Reb Binyamin Kletzker write at the bottom of his accounts? What did he tell his helper?

10. HORA'AH The Baal Shem Tov taught that everything you see or hear is a lesson in serving Hashem. Pick one thing you saw today. What can it teach you?
